



NEWSLETTER



Welcome, CFAC Families!

In this Issue:

Welcome CFAC Families

Start Here!

Looking Back at Summer + Upcoming Events

Liturgical Living: Fall

Back to School Blessing

Hello friends!

My family officially started school this week!

Maybe your family is right there with us, maybe you started weeks ago because, well, it's August in Texas and you might as well be inside doing school, or maybe you're still soaking up the last days of summer before diving in. Wherever you are, there's something refreshing about a new school year and slowly finding our rhythm again.

As we settle into this new season, I'm grateful we get to do it alongside one another. Homeschooling may happen mostly within our own homes, but it doesn't have to happen alone. CFAC gives our families a place to build friendships and encourage one another along the way.

Here's to a new year, new memories, and plenty of grace as we find our rhythm together. We're so glad you're here!

-CFAC Team



New to CFAC?

WAYS TO CONNECT

 **Tiny Tots**
Ages 0-5

 **QUEST**
Tween: Ages 10-14

 **Voyages**
Teen: Ages 14-18

 **Service**
All Ages

 **Field Trips**
All Ages

 **Liturgical Events**
Whole Family

 **Monthly Masses**
Whole Family



Looking Back at Summer

This summer was filled with opportunities for CFAC families to pray, play, and grow in friendship. We gathered for First Friday Mass and park days, celebrated our homeschool graduates, and enjoyed family outings to places like Battle for Jefferson, Jellystone, the bowling alley, and the skating rink. Tiny Tot adventures, family movie nights, teen gatherings, and Mom's Night Out gave families of every age a chance to connect. It was a summer to remember, and we're just getting started!



Catholic Family ADVENTURE CLUB

UPCOMING EVENTS

AUGUST

Sundaes on Sunday
Youth Ministry Social- Amazing
Race
Tiny Tot- Saint Story Time

SEPTEMBER

Discovery Science Center
Gregg County Museum Field
Trip & Starplex
Roller Rink
Cookies for First
Responders-Service Project
Mom's Luncheon -
Mentorship Event
Tiny Tot- Fresh Park

OCTOBER

Community Builders Gathering
St. John Paul II Feast Day Potluck
Fire Department Field Trip
American Freedom Museum Field
Trip
All Hallow's Eve Vigil Mass and
Celebration
Tiny Tot- Cocobean

OPEN TO THE PUBLIC

**August 28 - Homeschool Blessing
Mass**

Members can view more details, RSVP for events, and see the full calendar in the member portal. Don't forget to check out the photo albums for even more photos from our recent events!

Join homeschool families from across East Texas as we begin a new school year by asking God's blessing on our students, parents, and teachers.

Homeschool Blessing Mass

August 28th at 11:00AM



Celebrant:

Bishop Gregory Kelly

St. Mary Magdalene Catholic Church

All are welcome!

Sponsored by the **Diocese of Tyler** and the

Catholic Family
ADVENTURE CLUB



Whether you're a seasoned homeschooler or just getting started, we hope you'll join us!

CFAC Family Spotlight

HENDRIX FAMILY

At our recent member meeting, one CFAC mom, Liz, shared how this community became an important part of her family's journey into the Catholic Church. We are grateful to share a portion of her story here.



When our family began the journey into the Catholic Church, nearly every part of our life changed. We were leaving behind a community that had been deeply woven into our family's life, while also making the decision to begin homeschooling our six children. I knew almost nothing about homeschooling and quickly became overwhelmed by the many decisions involved. I searched for Catholic homeschool groups, found CFAC, and reached out even though our family was not officially Catholic yet.

I explained that we were still on the journey into the Church. Without hesitation, I was told:

“You belong here. Come join us.”

That simple invitation meant more than I can express.

We were navigating so much change at once, and one of the hardest parts was finding a community where our family belonged.

CFAC became that place for us.



The families we met came from different parishes, cultures, and homeschooling backgrounds. Before we officially belonged to the Catholic Church, we already belonged within this community.

Our family was welcomed by people who barely knew us, but loved us anyway. No one asked which parish we attended, which curriculum we used, or how far along we were in the conversion process. They simply invited us to come.

To me, that is the Gospel.

Since becoming Catholic, our family has experienced Mass in different places, cultures, and traditions. Each community looked a little different, but Jesus was the same. The Eucharist was the same. The Church was the same. That same unity is part of what makes CFAC so special. Our families may come from different places and homeschool in different ways, but our shared Catholic faith brings us together as one community.

This is My Church, and you belong here.





Simple Ways to Celebrate Feast Days this Fall

SEPTEMBER-OCTOBER 2026 • ORDINARY TIME

Mark your calendar with these special days throughout the fall.

SEPTEMBER

OCTOBER

15

Our Lady of Sorrows

1

St. Thérèse

21

St. Matthew

7

Our Lady of the Rosary

29

St. Michael and
Archangels

22

St. John Paul II

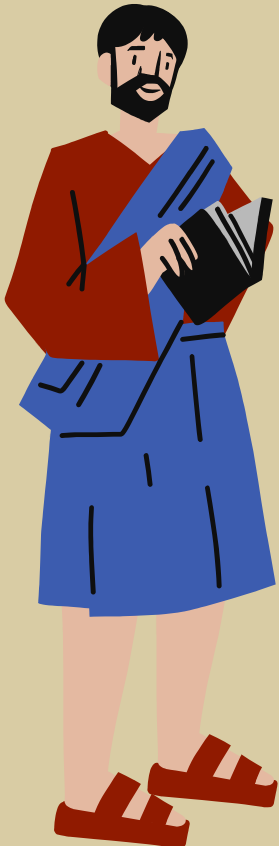


The Month of September is
Dedicated to...

OUR LADY OF SORROWS

Family challenge:

Say the Seven Sorrows rosary
or sing the Stabat Mater



The Feast of St. Matthew



September 21

Family Challenge:

Make some coin-
shaped pancakes to
remember St.
Matthew's time as a
tax collector.





The Month of October is
Dedicated to...

THE HOLY ROSARY

Family challenge:

Take a mini Marian procession
around your home or yard while
praying a decade of the Rosary.



The Feast of ST. THÉRÈSE OF THE CHILD JESUS



October 1

The “Little Flower”

Family Challenge:

Buy roses or a favorite flower for
your family’s table in her honor.



FEAST SPOTLIGHT

MICHAELMAS: THE FEAST OF THE ARCHANGELS



September 29

Family Challenge:

Research the legend of blackberries and St. Michael, then make a blackberry dish or dessert.



THE HOLY ANGELS



October 2

Family Challenge:

Read some of the great stories about the angels in the Bible.
Make an angel food cake.

The Feast of St. John Paul II

Celebrating the beloved patron saint of our CFAC community!

CFAC Tradition

Each October, CFAC families gather for an annual celebration of the feast of our patron, St. John Paul II. This year's celebration will bring families around the table for a community potluck, along with crafts, games, rosary making, and a special skit performed by our teens. It's one of the many ways we celebrate the liturgical year together.

DID YOU KNOW?

- St. John Paul II's feast day is celebrated on the day of his papal inauguration rather than the day of his death.
- He was the first Pope from Poland.
- He established World Youth Day.



“The history of mankind, the history of salvation passes by way of the family.”

BACK TO SCHOOL BLESSING

Parents make a cross on their child over each of their senses.

God bless my child's mind. Make cross over forehead.

Fill it with good and positive thoughts. Grow and expand the things they know.

God bless my child's eyes. Make cross over eyes.

Help them to look deeper. Not just for what they want, but for what they need.

God bless my child's mouth. Make cross over mouth.

Words are important - they have power. They can help others, or tear them down. Help my child speak words of love and care.

God bless my child's heart. Make cross over heart.

Give them your heart, God, one that is open to everyone. Help them to love like you.

God bless my child's ears. Make cross over ears.

Help them to listen better to the voices that are important. Help them to hear others who need them.

God bless my child's hands. Make cross over hands.

Keep them open to new experiences, new adventures, and new friendships. Keep their spirit open to the purpose you have for them.

God bless my child's footsteps. Make cross over feet.

Bless them each place they go and each step they take. Keep them safe and protected.

Now, have children make a cross over their parents' hearts.

God, bless my parents.

It can be tough being a parent. Guide them as they raise me. They have to make tough decisions sometimes, please lead them. Help them to know how much I love them. Amen.

written by Faith and Family Collective



STAY CONNECTED WITH CFAC

Follow Along

Follow Catholic Family Adventure Club on Facebook for a glimpse into our adventures, community, and Catholic homeschool life across East Texas.



Looking Ahead → November

Our next issue is coming
November 1.

- Thankfulness
- Advent
- Preparing our hearts for Christmas

Here's to another year of faith, friendship, and adventure together!

Do you have a question or comment? Contact us!

finance@catholicfamilyadventureclub.com

membership@catholicfamilyadventureclub.com

communications@catholicfamilyadventureclub.com

director@catholicfamilyadventureclub.com



Catholic Family
ADVENTURE CLUB

